



Family Plastic Challenge

- Remember your refillable water bottle everyday
- Buy a reusable liquid cup (bamboo is great) and refuse single-use takeaway cups
- Refuse single-use packaging or give it back to the shop
 - Resist a straw unless it is paper or degradable!
 - Refuse a single-use plastic bag and take your own
 - Avoid single-use plastics at playtime, lunchtime and after school
 - Refuse single-use sauce sachets
- Grab a handful of plastic pollution every time you visit your local area or park
- Contact shops, businesses and the council on Climate Change

